

Cycle One

Base

Intro

04-03-04

05-03-04

07-03-04 Shakara

07-03-04

08-03-04

Note:

Intro, Shakara, Co(s)mic interlude (or: “Ode to the extinct mosquito.”) & New perspective are in AshtarPartOneExtra.pdf. They differ from the general line of content. For maintaining historical perspective they have been left in place in this order of appearance.

One

08-03-04/2: **Grace: Love & gratitude**

09-03-04: **Grace: curiosity & stillness of mind**

10-03-04: **Adventures**

11-03-04: **Timing**

12-03-04: **Freedom of expression**

Co(s)mic interlude (or: “Ode to the extinct mosquito.”)

13-03-04: **Grace, attachment & detachment and cherishing & caring**

14-03-04: **Grace, humbleness & respect**

15-03-04: **Grace, sharing & learning**

16-03-04: **Sharing knowledge**

Two

16-03-04/2: **Relationships**

17-03-04: **Time to Live**

18-03-04: **Grace: sensitivity & letting the Inner determine the Outer**

19-03-04: **joy & discipline; spring cleaning**

22-03-04: **Grace of movement**

24-03-04: **Grace of inner movement**

25-03-04: **Grace: creativity of expression**

Three

27-03-04: **Sharing Self**

28-03-04: **Grace: trust and humbleness**

29-03-04: **For all you teenagers and parents**

30-03-04: **Question...**

31-03-04: **Stilness of being**

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01-04-04: **Rules of creation**

02-04-04: **Expextations, gossip & complaining**

03-04-04: **Going within**

04-04-04: **Attention**

05-04-04: **A transition time**

Four

06-04-04: **Children and wisdom**

07-04-04: **Parents**

08-04-04: **Blessing**

09-04-04: **Sickness**

10-04-04: **Stewardship**

11-04-04: **Women**

12-04-04: **Love is (see you in the next wave)**

13-04-04: **Experiencing God (for the benefit of all)**

14-04-04: **Wisdom; hug Death**

15-04-04: **For the Good of All concerned**

Five

16-04-04: ***Dark Angel***

17-04-04: ***Sharing God***

18-04-04: ***Creating your day***

19-04-04: ***Balancing expressions of God***

20-04-04: ***The source (of course)***

21-04-04: ***Trust your inner Self***

22-04-04: ***Living your dream***

23-04-04: ***The need to balance knowledge with the guidance of female intuition***

24-04-04: ***Ashtar answers some questions***

25-04-04: ***Soul contracts***

Six

26-04-04: ***Creativity***

27-04-04: ***The flow of life***

28-04-04: ***Compassion***

29-04-04: ***Discernment***

30-04-04: ***Health***

01-05-04: ***All in the family***

02-05-04: ***Finding the she+he balance***

Conclusion *(for now...)*

03-05-04: ***The fine-tuned radio***

05-05-04: ***Trust the God inside you***

06-05-04: ***What you are you are able to see***

07-05-04: ***Self ending death***

08-05-04: ***Summary***

Bridge to the new cycle

New perspective

Additional information

(05-03-04) ... just as the garden of Eden in your Bible (which was something else): this and much more in CosmicClock.doc!

(08-03-04) Embodiment of Love: www.sathyasai.org & the principle of Love colors (prisma) at www.mastersoflight.net.

(15-03-04) Who needs food? Live on Light like Jasmuheen, & Jani (funny story).

(16-03-04) DNA recoding: Jelaila Starr at the Nibiruan Council & Ronna Herman.

(20-03-04) Prema Sai Baba.

(25-03-04) Seven steps to self mastery.

(09-04-04) "beautiful pictures about the information water contains"

(12-04-04) About rays and Ascended Masters.

(16-04-04) Mary Magdalen (Miryam; of the order of Magdalen; wife of Yeshua ben Yusef; Isis initiate.) Artists impression of Miryam of Isis.

(16-04-04, 20-04-04 & 23-04-04) About the zero-point, Isis & Osiris and the balance.

Intermezzo: why pets are fun.

(01-05-04) The true Mary Magdalen story.

(04-06-04) About touching trees and climbing fences, or how to get Pax alive: the energy system.

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